

**ASSISTANCE.
ADVOCACY.
ANSWERS ON AGING.**

Area Agency on Aging

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Upper Coastal Plain



Assistance. Advocacy. Answers on Aging.

Serving Edgecombe, Halifax, Nash,
Northampton and Wilson Counties

**For more information,
please contact**

County Lead Agencies:

Edgecombe County

Manager's Office

252-641-7834

Halifax County

Council on Aging

252-583-1688 x 2284

Nash County

Aging Department

252-459-1691

Northampton County

Office on Aging

252-534-1668

Wilson County

Manager's Office

252-399-2810

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**HOME AND
COMMUNITY CARE
BLOCK GRANT**



The Area Agency on Aging is a service of the Upper Coastal Plain Council of Governments, a lead planning organization comprised of five (5) county governments and thirty-nine (39) municipal governments. Working under the direction of locally elected officials of these governments, the staff plans and administers a variety of federal, state and local programs and services. The counties served include Edgecombe, Halifax, Nash, Northampton and Wilson.

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Purpose of Home and Community Care Block Grant

The Home and Community Care Block Grant as authorized in N.C.G.S. 143B-181.1(a)(11) is designed to improve the planning and coordination of in-home and community based services provided to North Carolina's older adults. It is also intended to promote the visibility of aging programs at the local level by giving counties increased flexibility with respect to funding aging services available through the Block Grant.

The Area Agency on Aging staff works with advisory committees in each county to study the needs of older adults and plan for services to meet those needs. The service goal is to enable older adults age 60 and older to live independently in their own homes. Eligibility is based on need for the service, not on income.

There may be a waiting list for some services and available services vary by county.

Home and Community Care Block Grant Services

Senior Center Operations: Operation of a multipurpose senior center includes the provision of a broad spectrum of services and activities for older adults.

Consumer Directed Services: This is a method of service delivery that promotes and enables consumers to recruit, hire, train, supervise, and, when necessary, terminate the employment of chosen assistants who provide them with personal care and home management services in the consumer's home setting. Participants in the Consumer Directed Services program may also select vendors of other goods, equipment, and services that may be needed for their care and well-being.

Home and Community Care Block Grant Services

Adult Day Care: Provides an organized program of services during the day in a community group setting for the purpose of supporting the personal independence of older adults and promoting their social, physical and emotional well-being.

Adult Day Health: Provides an organized program of services during the day in a community group setting for the purpose of supporting older adults' personal independence, and promoting social, physical and emotional well being. Services must include healthcare services and a variety of program activities designed to meet the individual needs and interests of the participants, and referral to and assistance in using appropriate community resources.

Congregate Meals: The provision of a meal in a group setting that provides 1/3 of the recommended Daily Dietary Allowance. "More than a Meal" the congregate program provides activities, educational programs, social interaction and much more.

Home Delivered Meals: The provision of a home delivered meal that provides 1/3 of the Recommended Daily Dietary Allowance to a homebound older adult.

Group Respite: The provision of respite care in a safe setting where caregivers can take care receivers who do not require personal hands-on) care to get a break from their caregiving responsibilities. The program operates on a scheduled basis for a period of less than 6 hours a day.

Transportation: This service provides travel to and/or from community resources such as medical appointments and nutrition sites or other designated areas for older adults needing access to services and activities necessary for daily living.

Home and Community Care Block Grant Services

Housing and Home Improvement: Home improvement services identify health and safety issues affecting the home or areas adjacent to the home in which an individual or family lives and provides needed improvements to resolve those issues. Health and safety issues include security enhancements; minor home repairs; mobility and accessibility improvements; and basic household furnishings and home appliance repair, replacement or purchase.

Information & Options Counseling (I&OC): Options Counseling is an interactive process where individuals receive guidance in their deliberations to make informed choices about long-term supports. The process is directed by the individual or their representative and is "person-centered".

In Home Aide: The provision of paraprofessional services which assist functionally impaired older adults and/or their families with essential home management, personal care and/or supervision necessary to enable the older adult to remain at home.

Care Management: Provides professional assistance for older adults with complex care needs and/or their families in accessing, arranging and coordinating the package of services needed to enable the older adult to remain at home.



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